

Bed Bugs

WHAT WILL THE SCHOOL ASK ME TO DO?

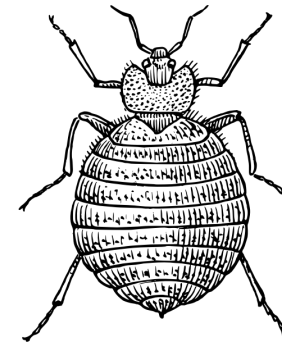
The school tries to provide a safe and healthy environment for all students. If your child has bites that appear to be from bed bugs or an actual bug is found on their belongings:

- You will be notified by the school.
- You will be asked to inspect or have your home inspected.
- Your child will be provided with a change of clothes each day they come to school. They will come home in the clothes they changed into and their clothes they wore to school that day will be washed and dried and ready for them to wear the next day.
- You will be asked to provide transportation until the problem is resolved.
- Your child should not bring anything to school other than their coat. Books and bags will not be transported back and forth.
- Repeat occurrences may force the school to exclude your child until your home is professionally cleaned.

Springville Community Academy

Maintenance and Health Services

Bed Bugs at Home and at School



Springville
Community
Academy

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Bed Bugs

Bed bugs are brown to reddish brown in color. They are oval and flat, with segment lines across their back. They are about the same size as an apple seed.

WHERE SHOULD I LOOK?

Bed bugs are nocturnal creatures and only come out at night to feed on blood. They like to hide in small cracks and crevices close to where humans rest and sleep. Bed bugs can be found behind baseboards and in furniture, such as a couch or mattress. They hide behind wall hangings and in night stands near a bed or couch.

You may see small red to reddish brown fecal spots on the edges of a mattress or couch.

If you catch an actual bug, double bag it in ziplock bags and call a professional pest control company.

WHAT DO THE BITES LOOK LIKE?

Bed bug bites are small, raised red bumps that itch. They look very similar to a mosquito bite except that they are arranged in line or small clusters of 2-4 bites.

Bed bugs will feed on exposed skin, so bites will usually be on the neck, arms, and legs. Not everyone reacts to bed bug bites.

There is a very good chance you have bed bugs if you or your child keeps waking up each morning with bite symptoms. Bed bugs are a nuisance, but they do not transmit disease.

HOW DID BED BUGS GET IN MY HOUSE?

- Used or rented furniture: Bed bugs can be brought into your house inside used furniture that was already infested with bugs.
- Travel: Bed bugs will hitchhike in suitcases from hotel rooms.
- Other's belongings: Bed bugs can be brought into a structure by the belongings of someone who has been living in a bed bug infested situation. Also, you can bring bed bugs back to your house after visiting someone's home who has a bed bug infestation.

HOW DO I GET RID OF BED BUGS?

Bed bugs cannot be killed with insect repellent.

Bed bugs can only be exterminated by a professional pest control company. It may take several treatments to completely eliminate them from your home.

Sleeping in a different room or vacating the structure will only spread them through the building. They will crawl quickly and travel long distances to obtain a blood meal.

Clothing and backpacks can be treated by putting them in a clothes dryer on high heat for 15 minutes. High heat will kill both eggs and bugs.

After treating clothing with high heat, tightly bag them up so they will not become reinfested.

HOW CAN I PREVENT AN INFESTATION AT MY HOUSE?

- Eliminate clutter from your home.
- Avoid renting or buying used furniture.
- When staying at a hotel, check all areas around the bed for signs of bed bugs.
- Vacuum suitcases thoroughly after traveling and heat treat all clothing.